

Do you agree or disagree with the following statement:

“Video games offer benefits to children.”

Provide reason and examples to support your stance.

Sample Answer:

Video games may have benefits to children maybe because it is, after all, a game and games release stress. In case, children can control themselves well, video games too can be a way to release stress and to offer them better mental and physical health. However, in most of the cases, students who lack the ability of self-discipline are susceptible to the side effects of video games and I completely disagree with the given statement due to this.

Firstly, video games worsen children’s mental health. It may be just a game but these games often involve violence which is not acceptable for children’s well-being. Children have an innocence, which is destroyed by this violence. They are likely to imitate the behaviors in video games, which also causes harm. 3 years before, an eleven years old boy was caught by police for driving his parent’s car with incredibly fast speed. The reason behind such desperate action was a car racing game. Similar happenings are easy to find nowadays.

Secondly, video games impact the physical health of the children too. We know that adolescence is a crucial period for everyone and regular exercise is needed at this stage to stay healthy. Video games make the children so addictive that they barely move – they spend their entire free time in these games. Children are mostly unaware of the outdoor and other indoor games as they are so much into video games.

To conclude, I completely disagree with the statement that video games are beneficial to the children as it ruins both the mental and physical health of the children. Parents need to keep their eyes on their children and direct them on the right track so that the addiction to video games does not capture the children.