

GRE Psychology Practice Test 1

1. When Abby was a girl, she helped her grandmother make tacos. Her grandmother did not have air conditioning and the kitchen got very hot, sometimes Abby would feel sick because of the heat. Since then, she hasn't been able to eat tacos because she associates them with heat exhaustion. This is an example of:

- saturation response
- anxiety
- conditioning
- counterconditioning

2. What model is used to help set goals in health psychology?

- Biosocial model
- Physiological model
- Biophysical model
- Maslow's Hierarchy of Needs

3. Which of the following is a premise of the sociocultural model of atypical functioning?

- Society and culture influence a person's mental health
- People shouldn't be swayed by society's rules
- People have to look to their parents for mental health
- Atypical functioning is caused by biology

4. Why do psychologists factor ethnicity and culture into their diagnoses?

- People of different ethnicities are more prone to certain psychological disorders
- In some cultures, psychology is not respected
- Different cultures have different norms for what's considered appropriate
- In some cultures, it is shameful to receive psychological help

5. Free association is most commonly aligned with _____ therapy

- psychoanalytic
- cognitive
- behavioral
- reality

6. How do clinical psychologists differ from research psychologists?

- Clinical psychologists help patients in distress; research psychologists study the healthy mind
- Research psychologists help individual patients; clinical psychologists help groups of patients
- Clinical psychologists help individual patients; research psychologists help groups of patients
- Research psychologists help patients in distress; clinical psychologists study the healthy mind

7. Cindy grew up in a house that was built in the 1950s and had peeling paint on the window and door frames. She was diagnosed with intellectual disability and requires special education in school. What is a potential cause of her disability?

Schizophrenia

Metal poisoning

Infections

Malnutrition

8. Which of these is a strength of the biological model?

It reduces the stigma of mental illness.

All of these answers are correct.

It has many scientific studies supporting it.

It has a high success rate.

9. A clinical psychologist will most often have what type of degree?

doctorate

master's

certificate

equivalency

bachelor's

10. What does rational intervention involve?

Pointing out the cognitive problems on a neurological level

Pointing out how bad a person's situation is

Pointing out how irrational a person's thoughts are

Pointing out that a person has a drinking problem