# Prepp

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### NHM CHO Recruitment

Nursing

# Simplifying **Government Exams**



- 1. The Best method to dry hands after hand wash is
- A) By dry air
- B) By hair dryer
- C) By common towel
- D) None of the above

Answer: A

- 2. The Place where RBCs are produced is
- A) Liver
- B) Blood
- C) Testes
- D) Red bone marrow

Answer: D

- 3. Universal precautions include
- A) Gloving
- B) Gowning
- C) Hand washing
- D) All of the above

Answer: D

- 4. The Responsible Causative organism for 'HIV' is
- A) Human immune deficiency virus
- B) Sarcoptes scabies
- C) Neisseria gonorrhea
- D) Treponema pallidum

Nursing Question And Answers
Answer: A
5. 'Preterm baby' means that Newborn
A) Born before 37 weeks
B) Born before 40 weeks
C) Born before 42 weeks
D) Born before 47 weeks
https://www.freshersnow.com/previous-year-question-papers/
Answer: A
6. 'Simplified Partograph' should be used
A) For every female in labor
B) For a female at risk to develop a complication
C) On the choice of nurse
D) Pregnant woman undergoing cesarean section
Answer: A
7. According to Freud, which component of personality operates according to the reality Principle
A) ID
B) Ego
C) Super Ego
D) Trust
Answer: B
8. 'VDRL Test' is done for the Diagnosis of

A) Gonorrhea

B) Syphilis
C) Typhoid fever
D) Diphtheria
Answer: B
9. Which bone is also known as 'Collar bone'?
A) Clavicle
B) Scapula
C) Radius
D) Humerus
Answer: A
10. 'Koplik's Spots' symptom is associated with
A) Measles
B) Diphtheria
C) Chickenpox
D) Pertussis
D) I Citussis
Answer: A
11. Chemical substances released by an organism that influence the behavior of other individuals of the same species are called
A) Pheromone
B) Insulin
C) Androgen
D) Steroid
Answer: A
12. Which tablet is given under 'Deworming program'?

A) Paracetamol
B) Cetrizine
C) Amoxycilline
D) Albandazole

Answer: D

- 13. Medical management for increased intracranial pressure include
- A) Administer mannitol
- B) Administer half-strength saline
- C) Administer plasma volume expanders
- D) Reduce the number of breaths in ventilator

Answer: A

- 14. "Five clean Practices" under strategies for elimination of Neonatal tetanus includes all, Except
- A) Clean surface of the delivery
- B) Clean hands of the attendant
- C) New blade for cord cutting
- D) Clean airways

Answer: D

- 15. The Expanded form of 'ESR' is
- A) Electrolyte Sedimentation Rate
- B) Enzyme Synthesis Rate
- C) Erythrocyte Sedimentation Rate
- D) Erythrocyte Synthesis Rate

16. 'Bagassosis' is an occupational disease of the lungs caused by inhalation of

Answer: C

A) Cotton
B) Jute
C) Sugarcane dust
D) Coal
Answer: C
17. A drug yeard in the treatment of Dedictric AIDC is
17. A drug used in the treatment of Pediatric AIDS is
A) Procaine penicillin
B) Nevirapine
C) Azithromycin
D) Acyclovir
Answer: B
18. The active ingredient of Cidex is
A) Formaldehyde
B) Dettol
C) Savlon
D) Glutaraldehyde
Answer: D
19. The diluent used for BCG vaccine is
A) Distilled water
B) Normal saline
C) Dextrose solution
D) Ringer lactate

Answer: B
20. Which is Not a Dry Cold application?
<ul><li>A) Ice pack</li><li>B) Ice bag</li><li>C) Cold compressions</li><li>D) Ice cradle</li></ul>
Answer: C
21. The First Dose of Hepatitis B Vaccine is given to a b
A) At 6 weeks B) At 10 weeks C) At birth D) At 8 week
Answer: C
22. The Burn assessment is done by the rule of
A) 6 B) 5
C) 9 D) 11
Answer: C
23. The Causative organism of Dengue fever is
<ul><li>A) Enteric Virus</li><li>B) Arbo Virus</li><li>C) Variola Virus</li></ul>

D) Influenza Virus
Answer: B
24. 'Cholera' is caused by a
A) Retrovirus
B) Viron
C) Bacteria and virus
D) Bacteria
Answer: D
25. As a routine, All Newborn are given an intramuscular dose of –
A) Vitamin A
B) VitaminB
C) Vitamin C
D) Vitamin K
Answer : D
26. When helping a stroke patient, the Nurse should assist
A) On the weak side
B) On the strong side
C) From behind
D) From back
Answer: A
27. 'Pulse Pressure' is a
A) Difference between Systolic and Diastolic Pressure
B) Diastolic Pressure

- C) Difference between Aortic and Systolic Pressure
- D) Systolic Pressure

Answer: A

- 28. The Term 'Immunity' means
- A) Antibodies and antigens reaction
- B) Transfer of maternal antibodies across the placenta
- C) Level of resistance of a person to a particular disease
- D) Acquired immunity by immunization

Answer: C

- 29. 'Amoebic Dysentery' is caused by
- A) Giardia
- B) Amoeba proteus
- C) Entamoeba histolytica
- D) Taenia solium

Answer: C

- 30. This Nutrient is needed for a healthy immune system and strong connective tissue
- A) Fiber
- B) Vitamin K
- C) Vitamin C
- D) Fluoride

Answer: C

- 31. The Term 'Keratomalacia' is
- A) Toad skin
- B) Phrynoderma

- C) Corneal Disease due to deficiency of Vitamin A
- D) Weak bones due to deficiency of Calcium

Answer: C

- 32. 'Megaloblastic Anemia' is due to the deficiency of
- A) Iron
- B) Thiamine
- C) Acetic acid
- D) Vit. B12 and Folic acid

Answer: D

- 33. Intramuscular injection is given at
- A) 45 Angle
- B) 15 Angle
- C) 90 Angle
- D) 60 Angle

Answer: C

- 34. The Nurse giving oxygen therapy should know that it has to be humidified because
- A) Oxygen is a hot gas and it may burn trachea
- B) Oxygen is a dry gas and thickens the mucus
- C) Humidification cleans the gases of bacteria
- D) Absorption of oxygen improves

Answer: B

- 35. 'Poliomyelitis' is transmitted through
- A) Water

B) Air C) Blood D) Vectors
D) Vectors
Answer: A
36. The 'Multi-Drug therapy (MDT)' is a treatment for
A) TB
B) Leprosy
C) HIV
D) All of the above
Answer: D
37. 'Assessment'Step of the Nursing process which of the following intervention includes
A) Taking blood pressure
B) Determine the level of comfort
C) Counting respiratory rate
D) All of the above
D) This of the doore
Answer: D
38. Long arm cast type of plaster cast is used in the treatment of
A) Fracture of the carpal and metacarpal bones
B) Fracture of radius and ulna bones
C) Fracture of metatarsal bones
D) Fracture of tibia and fibula bones
Answer: B
39. The Most Common Side effect of IUCD insertion is

A) Bleeding
B) Pain
C) Pelvic Infection
D) Ectopic Pregnancy
Answer: A
40. Hepatitis virus that spreads by the fecal-oral route
A) Hepatitis A
B) Hepatitis B
C) Hepatitis C
D) Hepatitis D
Answer: A
41. Which of the following is included in daily meals to supplement the protein
A) Vegetables
B) Daal
C) Potatoes
D) Ghee
Answer: B
42. The Important clinical parameter for assessing the degree of hypoxia at birth is
A) Respiratory rate
B) Colour of skin
C) Heart rate
D) Muscle tone
Answer: B
43. 'Hemophilia A' is

- A) Christmas disease
- B) Factor VIII deficiency
- C) Factor IX deficiency
- D) Von Willebrand disease

Answer: B

- 44. Floating tip of the iceberg represents
- A) Clinical cases
- B) Apparent cases
- C) Latent cases
- D) Undiagnosed cases

Answer: A

- 45. The Term 'Mastication' means
- A) Digestion
- B) Absorption
- C) Assimilation
- D) Chewing

Answer: D

- 46. Cardinal signs of inflammation are all, Except
- A) Pain
- B) Redness
- C) Swelling
- D) Hypothermia

Answer: D

47. 'Undescended Testes' is termed as
A) Cryptorchidism
B) Inguinal Hernia
C) Unbilical Hernia
D) Hydrocele
Answer: A
48. Old Man's appearance is seen in children with
A) Fever
B) Marasmus
C) Jaundice
D) Encephalopathy
Answer: B
49. Which of the following Danger signs should be informed immediately during the Antepartum Period?
A) Blurred vision
B) Nasal stuffiness
C) Breast tenderness
D) Constipation
Answer: A
50. 'The Indian Mental Health Act' was passed during the year
A) 1992
B) 1987
C) 1947
D) 1942
Answer: B

51. The Term 'Inventory' means
A) The list of medicines at a drug store B) The list of material ordered
C) The list of materials available in the store
D) The list of materials required in the store
Answer: C
52. What care should be taken on priority basis for oral hygiene of an unconscious patient?
A) Thoroughly cleaning oral surfaces
B) Preventing aspiration
C) Controlling mouth odor
D) Applying local antiseptic
Answer: B
53. In a patient already suffering from a disease, a new infection set up from another source or
host is known as
A) Sepsis
B) Cross infection
C) Iatrogenic Infection
D) Contamination
Answer: B
54. If the LMP is January 31 the expected date of delivery (ED4 is
A) Oct 7
B) Oct 24
C) Nov 7

D) Nov 8

Answer: C
55. The maximum amount of 'Vitamin D' is present in which of the following
A) Milk B) Eggs C) Fish fat D) Cod liver oil
Answer: D
56. What is the Colour coding of the bag in hospitals to dispose of human anatomical waste such as body part?
A) Yellow B) Black C) Red D) Blue
Answer: A
57. Staining technique used in RNTCP is
A) Zeihl Nielson stain B) Gram stain C) Giemsa stain D) PAS
Answer: A
58. Which of the following anti-tuberculosis drug is Not given in Pregnancy?
A) Streptomycin

B) INH
C) Ethambutol
D) Rifampicin
Answer: A
50 (D
59. 'Pregnancy test' is based on the estimation of the
A) FSH Hormone
B) Progesterone Hormone
C) HCG Hormone
D) LH Hormone
b) Eli Hollione
Answer: C
60. The Equipment used in the examination of ear is called
A) Laryngoscope
B) Otoscope
C) Proctoscope
D) Endoscope
Answer: B
61. The Solution used to disinfect the bed linen of HIV infected patient
A) Savlon
B) Sodium hypochlorite
C) Dettol
D) Cidex
A D
Answer: B
62. The Reduction of insulin leads to
02. The reduction of insulin leads to

A) ArthritisB) Diabetes

D) Migraine

Answer: B

C) Heart Diseases

A) Malaria	
B) Flu	
C) Chikungunya & Dengue	
D) All the above	
Answer: C	
64. Exposure to the sun without appropriate protection may cause	
A) Skin Cancer	
B) Blood Cancer	
C) Bone Cancer	
D) Mouth Cancer	
Answer: A	
65. 'March 8' is celebrated as	
A) Rajasthan Day	
B) World Women's Day	
C) WHO Day	
D) UN Day	
Answer: B	
66. Which part of the eye is transplanted from the eyes that are donated?	
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63. Severe joint pain is associated with which of the following

A) Retina
B) Cornea
C) Entire eyeball
D) Iris
Answer: B
67. The Millennium Development Goal 6' was associated with
A) Reduce Child Mortality I
B) To improve Maternal health
C) Combat HIV/ AIDS, Malaria and other diseases
D) Develop a Global Partnership for Development
Answer: C
68. The first country to start the Family Planning program is
A) India
B) China
C) Pakistan
D) Japan
- / · · · · · · · · · ·
Answer: A
111011 42.11
69. District level authority of the health department is
or the neutral department is
A) ASHA
B) Joint Director
C) CM&HO
D) BCMO
-
Answer: C

A) Neonatal Tetanus
B) Measles
C) T.B.
D) HIV
Answer: C
71. The Primary Health Centre (PHC) is managed by
A) Health Inspector
B) ANM
C) Medical officer
D) BCMO
Answer: C
72. 'Scurvy' is caused due to the deficiency of which vitamin
A) Vitamin B
B) Vitamin C
C) Vitamin D
D) Vitamin A
Answer: B
73. When should one drink ORS?
A) During fever
B) During Diarrhea
C) When Thirsty
D) During high Blood Pressure

70. The National program 'RNTCP' is related to which disease condition

Answer:	В

- 74. How many doses of Tablet/Syrup of deworming can be given to a child
- A) Once in a month
- B) Twice in six month
- C) Once in a year
- D) Twice in a year

Answer: D

- 75. 'IYCF (Infant and young child feeding)' is related to which of the following
- A) Initiation of breastfeeding within one hour of birth
- B) Exclusive breastfeeding for the first six months
- C) Complementary feeding starting on completion of 6 months of age
- D) All the above

Answer: D

- 76. 'Newborn Care Corners (NBCCs)' have been established at
- A) All Sub Centers
- B) All Primary Health Centers
- C) All Community Health Centers
- D) All Delivery Points

Answer: D

- 77. Section 4 of COTPA is related to COTPA
- A) Warnings at selling points of tobacco products
- B) Sale of tobacco products within 200 meters of educational institutes
- C) Smoke-free public places
- D) Advertisement for Tobacco products

Answer: C
78. Diet given in a Malnutrition Treatment Centre is called
A) H75 and H100
B) F75 and F100
C) Diet 75 and Diet 100
D) None of the above
Answer: B
79. Which food nutrient is required more in a pregnant woman in India?
A) Iron
B) Calcium
C) Potassium
D) Zinc
Answer: A
80. 'Iron Sucrose' is given to
A) All women
B) All anemic women
C) Pregnant women who are highly anemic
D) Lactating mothers who are anemic
Answer: C
81. 'Rashtriya Bal Swathya Karyakram' considers children of the following age group
A) 018 years
B) 019 years
C) 118 years
D) 119 years

Answer: A
82. 'HBNC+ Program' covers the child until the age of
A) 2 Months
B) 6 Month
C) 1 Year
D) 5 Year
Answer: C
83. Which females get services at 'Anganwadi Center'?
A) All women
B) All lactating mothers
C) All pregnant and lactating mothers
D) Aged women
Answer: C
84. What is the measure of the health status of children in the community?
A) MMR
B) CDR
C) CBR
D) IMR
Answer: D
85. On a fixed day service for women and child health care are provided at the Anganwadi Kendra. This Day is called
A) Arogya health camp

B) Maternal and Child Health and Nutrition day
C) Swasthya Divas
D) Poshahar Divas
Answer: B
86. 'Alopecia' is commonly seen after in which of the following Drug therapy
A) Antibiotic therapy
B) Chemotherapy
C) Radiotherapy
D) None of the above
Answer: B
87. What should be done to decontaminate the articles used in the labor room to conduct Delivery?
A) Wash with detergent & water
B) Place in 0.5 % chlorine solution for 10 minutes
C) Place in 5 % chlorine solution for 60 minutes
D) Wash with tap water
Answer: B
88. 'Distant vision' is assessed by using
A) Confrontation test
B) Hirschberg test
C) Jaeger card
D) Snellen chart
Answer: D

89. Eyes need to be covered during phototherapy session because

Murshing Question And Answers
A) To make sure that the newborn has closed the eyes well
B) Reduce overstimulation from bright colors
C) Prevent injury to conjunctiva and retina
D) Limit excessive rapid eye movements and anxiety
Answer: C
90. In diarrhea, which of the following supplementation should be done

- A) Iron
- B) Iodine
- C) Zinc
- D) Calcium

Answer: C

- 91. Which of the following patient is at high risk of UTI?
- A) Diabetes mellitus
- B) Patient on antibiotics
- C) Patient with Urinary stone
- D) Patient with a family history of U.T.I.

Answer: A

- 92. The Most Commonest cause of Blindness in India is
- A) Vitamin A deficiency
- B) Cataract
- C) Glaucoma
- D) Trachoma

Answer: B

A) Eye
B) Ear
C) Respiratory system
D) Digestive system
Answer: B
94. Factor affecting nutrition is/ are
AND IT
A) Religion
B) Culture
C) Economic
D) All of the above
Answer: D
95. 'KMC' should be continued for a neonate born preterm
1) 77
A) I in to 28 days after birth
A) Up to 28 days after birth
B) Up to 4 month age
B) Up to 4 month age C) Up to 40th week of pregnancy
B) Up to 4 month age
B) Up to 4 month age C) Up to 40th week of pregnancy
<ul><li>B) Up to 4 month age</li><li>C) Up to 40th week of pregnancy</li><li>D) Till baby achieves 3500 gm weight</li></ul>
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B) Up to 4 month age C) Up to 40th week of pregnancy D) Till baby achieves 3500 gm weight  Answer: D  96. The Space between arachnoid & pia matter is called A) Epidural

93. 'Meniere's disease' is related to

Answer: C
97. The right dose of Inj. Vitamin K for babies born with weight less than 1kg
A) 0.5 mg
B) 1 mg
C) 0.1 mg
D) 1 mcg
Answer: A
98. 'IOP' increases in
A) In Conjunctivitis
B) In Glaucoma
C) In Cataract
D) In Style
Answer: B
99. During Meningitis, which of the following clinical findings appears
A) CSF pressure increases
B) CSF pressure decreases
C) CSF glucose increases
D) B.P. decreases
Answer: A
100. Inadequate intake of which vitamin by the pregnant woman can cause Neural tube defect in
the child
A) Folic acid
B) Thiamine
C) Niacin

D) Riboflavin

Answer: A



# Prepp

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