

VMOU Diploma in Yoga Science Syllabus

Code	Program			
DYS	Diploma in Yoga Science			Credits 30
	Course		Type*	Credits
Compulsory	DYS-01 Sampurna Yoga Parichaya		TH	6
Compulsory	DYS-02 Manav Shareer Rachana Evam Kriya Vigyan		TH	6
Compulsory	DYS-03 Aahaar Evam Poshan Vigyan		TH	6
Compulsory	DYS-04 Hat Yoga Evam Yoga Vigyan		TH	6
Compulsory	DYS-05 Prayogik		PRAC	6

