# Department of Psychology Course : B.A.(Hons.) Duration: 3 Years Semester-wise Revised Scheme (2019-20)

# Semester I

S. No.	Paper	Name of the Paper	Max.	Credit
	No.		Marks	
1.	BSY 1	Basic Psychological Processes	100	4
2.	BSY 2	Human Development	100	4
3.	BSY 3	Practicum – Experiments I	50	2
		Total	250	10

# **Semester II**

S. No.	Paper	Name of the Paper	Max.	Credit
	No.		Marks	
4.	BSY 4	Cognitive Processes	100	4
5.	BSY 5	Life Span Development	100	4
6.	BSY 6	Practicum – Experiments II	50	2
		Total	250	10

# **Semester III**

S. No.	Paper	Name of the Paper	Max.	Credit
	No.		Marks	
7.	BSY 7	Social Psychology	100	4
8.	BSY 8	Biological Basis of Behaviour	100	4
9.	BSY 9	Practicum – Psychological Testing I	50	2
		Total	250	10

# **Semester IV**

S. No.	Paper No.	Name of the Paper	Max. Marks	Credit
10.	BSY 10	Applied Social Psychology	100	4
11.	BSY 11	System of Psychology	100	4
12.	BSY 12	Practicum – Psychological Testing II	50	2
		Total	250	10

# $\boldsymbol{Semester}\;\boldsymbol{V}$

S. No.	Paper No.	Name of the Paper	Max. Marks	Credit
- 10				
13.	BSY 13	Abnormal Psychology	100	4
14.	BSY 14	Personnel Psychology	100	4
15.	BSY 15	Research Methods	100	4
16.	BSY 16	Statistics	100	4
17.	BSY 17	Counseling & Guidance	100	4
18.	BSY 18	Field Training/Internship	50	2
		Total	550	22

# Semester VI

S. No.	Paper	Name of the Paper	Max.	Credit
	No.		Marks	
19.	BSY 19	Health Psychology	100	4
20.	BSY 20	Psychopathology	100	4
21.	BSY 21	Organizational Behaviour	100	4
22.	BSY 22	Test and Measurement	100	4
23.	BSY 23	Minor Research Project	50	2
		Total	450	18

Total Marks for all Semesters = 2000 Marks

Total Credits for Main Subjects for all Semesters = 80

# Department of Psychology Jamia Millia Islamia

# **Subsidiary Papers of Undergraduate Course**

# **Semester-wise Revised Scheme**

BSY: Basic Psychological Processes-I - B.A. (Hons.) Semester I

BSY: Basic Psychological Processes-II - B.A. (Hons.) Semester II

BSY: Social Psychology - B.A. (Hons.) Semester III

BSY: Organizational Psychology - B.A. (Hons.) Semester IV

BSY: Abnormal Psychology - B.A. (Hons.) Semester V

BSY: Guidance & Counseling - B.A. (Hons.) Semester VI

# Department of Psychology Jamia Millia Islamia

# **CBCS Papers of Undergraduate Course**

# **Semester-wise Revised Scheme**

BSY: Basic Psychological Processes-I - B.A. (Hons.) Semester I

BSY: Basic Psychological Processes-II - B.A. (Hons.) Semester II

BSY: Counseling Psychology I - B.A. (Hons.) Semester III

BSY: Counseling Psychology II - B.A. (Hons.) Semester IV

BSY: Social Psychology I - B.A. (Hons.) Semester V

BSY: Social Psychology II - B.A. (Hons.) Semester VI

# **B.A.** (Hons) Psychology

#### Semester I

### **BSY 1: Basic Psychological Processes**

M. Marks: 100 (4 Credits)

Course Objectives: To acquaint and enrich students' understanding of major concepts, theoretical perspectives, and research findings in psychology. The course also enables students to develop an insight into their own and others' behaviour and underlying mental processes.

#### **UNIT-I: Introduction**

- a) Nature, definition, history and fields of Psychology.
- b) Perspectives of Psychology: Psychoanalytic, Behaviourism, Humanistic and Cognitive
- c) Psychology as a science, Methods: Experimental method, Observation and Interview

## UNIT-II: Sensation, Psychophysics, Attention and Perception

- a) Sensation and Psychophysics: Concept and types of threshold: Absolute(RL) and Differential Threshold(DL), Point of subjective equality
- b) Psychophysical Methods: The Method of Average Error , Method of Limits and Methods of Constant Stimuli
- c) Attention and Perception: Nature and types of Attention; Selective and Divided Attention, Perception: Nature and Principles of perception and Depth perception

#### **UNIT-III: Emotion and Motivation**

- a) Nature, expression and functions of emotions
- b) Theories of emotion: James-Lange, Cannon-Bard and Schachter-Singer and Activation theory
- c) Nature and types of motives. Drive-reduction and Maslow's theory of motivation

- 1. Morgan, C.T., King, R.A., Weiss, J.R; and Schopler, J. (1993). *Introduction to Psychology*. New York: Tata McGraw Hill.
- 2. Ciccarelli, S.K.; & Meyer, G.E. (2007). *Psychology*. (South Asian Edition). India: Pearson Education Inc.
- 3. Feldman, R.S., (2009). *Essentials of Understanding Psychology*. New Delhi: Tata McGraw-Hill.
- 4. Eysenck, M.W., (2009). Fundamentals of Psychology. Slovenia: Psychology Press.
- 5. Baron,R.A. & Misra, G.(2014). Psychology, Indian Subcontinent Edition, 5<sup>th</sup> Edition, Pearson Education

## Paper No. BSY 2: Human Development

M. Marks: 100 (4 Credits)

**Objectives:** To acquaint students with the knowledge of human developmental processes along with theoretical perspectives to make them understand the role of biological, social, psychological, environment, physical and adjustment related factors in developmental process.

#### **Unit I: Introduction**

- a) Nature of development, difference between growth and development principles of development
- b) Methods of Study: Longitudinal, Observation and cross sectional studies
- c) Factors in development: Biogenic, Psychogenic and Sociogenic. Importance and scope of life span development

## **Unit II: An Overview of Theoretical Perspectives**

- a) Theories of development: Psychoanalytic theory, behavioral theory, ecological theory and Psychosocial Development
- b) Cognitive theories: Piaget Cognitive and Social-cognitive theory of development
- c) Information processing theories

# **Unit III: Infancy Development**

- a) Physical, sensory motor and perceptual development
- b) Biological and environmental factors influencing cognitive development
- c) Socio-emotional development

- **1.** Hurlock, E.B. (1975). Developmental Psychology (3<sup>rd</sup> ed.) New Delhi: Tata McGraw Hill.
- **2.** Hurlock, E.B. (1981). Child Development (6<sup>th</sup> Ed.). McGraw Hill Co. Auckland.
- **3.** Kakar, S. (2012). The inner world: A psychoanalytic study of childhood and society in India (4<sup>th</sup> Ed.), New Delhi, Oxford University Press.
- **4.** Mathur, S.S. (1998). Clinical Psychology. Agra: Vinod Pustak Mandir.

# **BA (Hons.) Psychology**

# **BSY 3: Practicum – Experiments I**

M. Marks: 50 (2 Credits)

**Course Objectives:** To enable the students to understand the processes and steps involved in conducting the psychological experiments in laboratory setup. Students are supposed to conduct any four experiments based on the following.

- 1. Muller Lyer Illusion
- 2. Verification of Werbr's Law
- 3. Two point threshold (Aesthesis)
- 4. Span of attention/apprehension
- 5. Effect of knowledge of results on preference
- 6. Simple Reaction Time

- **1.** Akbar Hussain, (2014). Experiments in Psychology, PHI Learning, Delhi.
- **2.** Mohsin, S.M. (1982). Experiments in Psychology, Delhi: Motilal Banarsidas.
- **3.** Postman, L. & Eagan, J.P. (1985). Experimental Psychology. New Delhi: Kalyani.
- **4.** Robert, L.S. (2003). Experimental Psychology: A Case Approach. New Delhi: Pearson Education.
- **5.** Woodworth, R.S. & Schlosberg, H. (1971). Experimental Psychology, Oxford & IBH.

# Department of Psychology B.A. (CBCS)

#### **SEMESTER I**

## **BSY 1: Basic Psychological Processes-I**

M. Marks: 100 (4 Credits)

**Course Objectives:** To acquaint and enrich students' understanding of major concepts, theoretical perspectives, and research findings in psychology. The course also enables students to develop an insight into their own and others' behaviour and underlying mental processes.

#### **UNIT-I: Introduction**

- a) Nature, definition, history and fields of Psychology.
- b) Psychology as a science
- c) Methods: Experimental method, Observation, Survey and Interview

#### **UNIT-II: Psychophysics, Attention and Perception**

- a) Sensation & Threshold: Nature of S\sensation types of threshold: Absolute(RL) and Differential Threshold(DL)
- b) Attention : Nature , determinants and types of Attention; Selective and Divided Attention
- c) Perception : Nature ,background , Principles of perception and Depth perception

#### **UNIT-III: Emotion and Motivation**

- a) Nature, expression and functions of emotions
- b) Theories of emotion: James-Lange, Cannon-Bard and Schachter-Singer
- c) Nature and types of motives. Drive-reduction and Maslow's theory of motivation

- 1. Morgan, C.T., King, R.A., Weiss, J.R; and Schopler, J. (1993). *Introduction to Psychology*. New York: Tata McGraw Hill.
- 2. Ciccarelli, S.K.; & Meyer, G.E. (2007). *Psychology*. (South Asian Edition). India: Pearson Education Inc.
- 3. Feldman, R.S., (2009). Essentials of Understanding Psychology. New Delhi: Tata McGraw-Hill.
- 4. Eysenck, M.W., (2009). Fundamentals of Psychology. Slovenia: Psychology Press.
- 5. Baron, R.A. & Misra, G.(2014). Psychology, Indian Subcontinent Edition, 5<sup>th</sup> Edition, Pearson Education

# **B.A.** (Subsidiary)

#### SEMESTER I

#### BSY 1: Basic Psychological Processes-I

M. Marks: 100 (4 Credits)

**Course Objectives:** To enable students to understand human behavior through concepts theories and research in psychology. Underlying mental and behavioral processes would enable students to develop on insight into human behavior.

#### **UNIT-I: Introduction**

- i) What is Psychology? Subfield of psychology
- ii) Perspectives on behavior: Psychodynamic, behaviorist, humanistic and cognitive
- iii) Methods of psychology: Experimentation, observation, survey and case study

# **UNIT-II: Sensation, Attention and Perception**

- i) Nature of sensation and attention: Selected and divided attention
- ii) Nature of perception; perceptual organization
- iii) Depth perception, perceptual constancies and illusion

## **UNIT-III: Learning**

- i) Nature of learning; classical conditioning theory of learning
- ii) Operant conditioning theory of learning
- iii) Social and cognitive learning theory

- 1. Baron, R.A. (2000). *Psychology* (3<sup>rd</sup> Edition), New Delhi: Prentice Hall.
- 2. Baron, R. & Misra, G. (2013). Psychology: L New Delhi: Pearson.
- 3. Ciccarelli, S.K. & Meyer, G.E. (2007). *Psychology*. (South Asian Edition). India: Pearson Education Inc.
- 4. Eysenck, M.W., (2009). Fundamentals of Psychology. Slovenia: Psychology Press.
- 5. Feldman, R.S., (2009). *Essentials of Understanding Psychology*. New Delhi: Tata McGraw-Hill.
- 6. Morgan, C.T.; King, R.A., Weiss, J.R. & Schopler, J. (1993). *Introduction to Psychology*. New York: Tata McGraw Hill.

# Department of Psychology Jamia Millia Islamia

# **B.A. Programme**

# **Semester-wise Revised Scheme**

# Semester I

S. No.	Paper No.	Name of the Paper	Marks	Credit	Remarks
1.	BSY 1	General Psychology	100	4	

# **Semester II**

S. No.	Paper No.	Name of the Paper	Marks	Credit	Remarks
1.	BSY 2	Social Psychology	100	4	

# **Semester III**

S. No.	Paper No.	Name of the Paper	Marks	Credit	Remarks
1.	BSY 3	Abnormal Psychology	100	4	

# **Semester IV**

S. No.	Paper No.	Name of the Paper	Marks	Credit	Remarks
1.	BSY 4	Applied Psychology	100	4	

# Semester V

	S. No.	Paper	Name of the Paper	Marks	Credit	Remarks
		No.				
Ī	1.	BSY 5	Research Methods & Statistics	100	4	

# **Semester VI**

S. No.	Paper No.	Name of the Paper	Marks	Credit	Remarks
1.	BSY 6	Psychological Experiments	100	4	

# **B.A. Programme**

#### Semester I

## **BSY 1: General Psychology**

M. Marks: 100 (4 Credits)

**Course Objectives:** To acquaint and enrich students' understanding of major concepts, theoretical perspectives, and research findings in psychology. The course also enables students to develop an insight into their own and others' behavior and underlying mental processes.

#### **UNIT-I: Introduction**

- a) Meaning, nature, definition and fields of Psychology
- b) Perspectives: Psychodynamic, behaviorist and cognitive
- c) Methods: Observation and experimental and case study methods,

## **UNIT-II: Learning**

- a) Meaning and definition of learning, types and methods of learning.
- b) Theories of learning; Classical and operant conditioning.
- c) Social and cognitive learning theory.

## **UNIT-III: Memory and Forgetting**

- a) Nature and process of memory: Encoding, storage and retrieval.
- b) Types of memory: STM, LTM.
- c) Nature of Forgetting, theories of forgetting: Decay and Interference.

- 1. Morgan, C.T., King, R.A., Weiss, J.R. and Schopler, J. (1993). Introduction to Psychology. New York:L Tata McGraw Hill.
- 2. Ciccarelli, S.K., & Meyer, G.E. (2007). Psychology. (South Asian Edition). India: Pearson Education Inc.
- 3. Eysenck, M.W. (2009). Fundamentals of Psychology. Slovenia: Psychology Press.
- 4. Feldman, R.S. (2009). Essentials of Understanding Psychology. New Delhi: Tata McGraw-Hill.